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PATIENT INFORMATION

Name: _____ Date: _____

Address: _____

Date of Birth: _____ Age: _____ Email: _____

Phone: (H) _____ (W) _____ (Cell) _____

Alternative Modes of Communication

- Yes. You may send direct postal mail to the address listed above
- No. Please send mail to me at: _____

I give permission to be called at (please circle all that apply): Home Work Cell

You may leave a message for me at (please circle all that apply): Home Work Cell

Please list any restrictions and/or special instructions regarding contacting you: _____

Emergency Contact

Name of person to contact in case of emergency: _____

Address: _____ Phone: _____

Relationship to you: _____

Relationship Status: _____

Number of years of education completed (High School = 12 years): _____

Occupation: _____

Place of employment/School: _____

Please list all individuals that you consider members of your immediate family (e.g. significant other, spouse, children, siblings, parents, etc.)

<u>Name</u>	<u>Relationship</u>	<u>Age</u>	<u>Location</u>
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Who referred you to this office: _____ Reason for referral: _____

Health

Primary Care Provider (PCP): _____

Date of last physical exam/visit or PCP: _____

Please list all current medications: _____

Please list all allergies that you have: _____

Please list any current health concerns: _____

Please list any past health problems/accidents/hospitalizations: _____

Previous use of mental health services (Names of providers and date(s) seen): _____

Please check all of the following that currently apply to you:

- | | |
|--|--|
| <input type="checkbox"/> I have no problems or concerns | <input type="checkbox"/> Impulsive/reckless behaviors |
| <input type="checkbox"/> Abuse | <input type="checkbox"/> Legal involvements or concerns |
| <input type="checkbox"/> Anxiety or fears | <input type="checkbox"/> Obsessions/Compulsions/Repetitive Actions |
| <input type="checkbox"/> Appetite/Eating Disturbances | <input type="checkbox"/> Parenting/Children Issues/concerns |
| <input type="checkbox"/> Anger | <input type="checkbox"/> Perfectionism |
| <input type="checkbox"/> Alcohol/Drugs (myself) | <input type="checkbox"/> Relationship concerns |
| <input type="checkbox"/> Alcohol/Drugs (my family) | <input type="checkbox"/> Low self esteem/Poor self care |
| <input type="checkbox"/> Problems with Attention/Concentration/Distractibility | <input type="checkbox"/> Shy/Highly sensitive |
| <input type="checkbox"/> Bizarre or unusual thoughts/behaviors | <input type="checkbox"/> Sexual concerns (identity, desire, abuse, etc.) |
| <input type="checkbox"/> Compulsive behaviors | <input type="checkbox"/> Sleep difficulties |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Suicidal thoughts/attempts |
| <input type="checkbox"/> Family problems (current or historical) | <input type="checkbox"/> Violent thoughts or actions |
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Withdrawal/social isolation |
| <input type="checkbox"/> Financial concerns/Impulsive spending | <input type="checkbox"/> Work/employment related problems |
| <input type="checkbox"/> Grief/mourning/death/loss/divorce | <input type="checkbox"/> Other concerns |

Briefly describe what brings you to seek psychotherapy now: _____

Initial Treatment Goals

What do you want to change as a result of psychotherapy (please be specific): _____

Signature of patient or personal representative

Date

Printed name of patient or personal representative

Relationship to patient